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Contact Me

Email: Sallie@SallieBorrink.com

Website: SallieBorrink.com

Shop: SallieBorrink.com/shop

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5 Minute Homemaking Ideas

When there doesn't seem to be enough time in the day, there is usually at least a few five minute segments that you can take advantage of. Using those five minute blocks well can make a significant difference in your well-being and the functioning of your home.

Sometimes when we are tired and overwhelmed, it's hard to remember what we could do or need to do. I've created a list called *What Can I Do in Five Minutes?* that you can print off. Hang it somewhere you can easily refer to it such as inside a kitchen cupboard. Remember that the goal is improvement, not perfection!

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What Can I Do in Five Minutes?

Whole House

- Walk through and pick up any stray items and return them to proper place
- Run vacuum in high traffic areas
- Dust wood/laminate floors
- Empty trash

Kitchen

- Load dishwasher
- Empty dishwasher
- Wipe down countertops
- Wipe down appliances
- Wipe down cupboards
- Scrub out sink
- Clean up floor
- Bathrooms
- Wipe down countertop and sink
- Clean tub/shower
- Clean toilet
- Wipe down floor

Living Room/Family Room

- Straighten furniture
- Put away miscellaneous items
- Quick dusting

Master Bedroom

- Make bed
- Dust surfaces
- Pick up clutter
- Remove items to their proper place
- Straighten closet

Bedroom

- Pick up floor
- Make bed
- Collect laundry
- Dust/wipe down surfaces
- Straighten closet

Laundry Room

- Put in laundry
- Move laundry to dryer
- Fold dry laundry

Personal

- Make a cup of coffee or tea
- Pray
- Read a chapter of Scripture
- Send a friend an encouraging text or email

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