



A Quiet  
Simple Life  
Sallie Borrink

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# Clear It Out Challenge

The *Clear It Out Challenge* is designed to be a quick attack on your home's clutter. This isn't a deep clean or something that should take days or weeks to accomplish. Instead, think of it like a game where the goal is to act quickly and see noticeable results.

How many things do you think you can easily and quickly remove from each room in your house if you spend only five to ten minutes in each room? You'll be looking to remove easy things, not items that you have to weigh the pros and cons about. These should be primarily things you will simply throw away although it is fine to cull things to donate if you come across them. Just don't let the needing to evaluate potential donation items slow you down. This is supposed to be quick and easy decisions!


For example, in the kitchen you are looking for items such as:

- expired food
- broken items
- chipped items
- catsup packs from take out
- yucky storage containers
- papers, notes, etc.
- all those things you just never get around to throwing out

In the bathroom, you are looking for things such as:

- old makeup
- dried out nail polish
- expired over the counter meds
- personal grooming items you tried and didn't like
- worn out hair accessories
- personal items you no longer need

And so on through each room in the house.



Use the *Clear It Out Challenge* page to take a guess how many items you think you can quickly dispose of in each room of your home. Write your guess down and then write the actual number when you complete each room.

Do you think you'll guess too high or too low?

Have fun with it and celebrate a job well done!



# Clear It Out Challenge

How many things in your home don't need to be there? Set a goal for each room in your house and see how many things you can remove.

Room \_\_\_\_\_ Goal \_\_\_\_\_ Actual \_\_\_\_\_

Room \_\_\_\_\_ Goal \_\_\_\_\_ Actual \_\_\_\_\_

Room \_\_\_\_\_ Goal \_\_\_\_\_ Actual \_\_\_\_\_

Room \_\_\_\_\_ Goal \_\_\_\_\_ Actual \_\_\_\_\_

Room \_\_\_\_\_ Goal \_\_\_\_\_ Actual \_\_\_\_\_

Room \_\_\_\_\_ Goal \_\_\_\_\_ Actual \_\_\_\_\_

Room \_\_\_\_\_ Goal \_\_\_\_\_ Actual \_\_\_\_\_

Room \_\_\_\_\_ Goal \_\_\_\_\_ Actual \_\_\_\_\_

Room \_\_\_\_\_ Goal \_\_\_\_\_ Actual \_\_\_\_\_

Room \_\_\_\_\_ Goal \_\_\_\_\_ Actual \_\_\_\_\_

Room \_\_\_\_\_ Goal \_\_\_\_\_ Actual \_\_\_\_\_

Total \_\_\_\_\_

