



Solve

A PERSONAL PROBLEM CHALLENGE

We all have little things that disrupt our lives that we put up with and never take the time to deal with. In this challenge, you are going to identify a small issue in your personal life that you want to deal with once and for all.

We're not looking for huge projects for this challenge. It should be something small. Something that you continually put off, but really needs to be dealt with so you can free your mind of it and move on.

What ongoing issue do you keep putting off?

Why do you resist dealing with it?

What can you do today to resolve this issue? How long will it take you to actually tackle it?
